

Soup and Sweet:  
*Brenda:*  
01409 221317

Good  
Companions:  
*Kirsty:*  
01409 221492

Forget-Me-Not  
Friend's Café,  
Carer's Support  
and Trips:  
*Barbara:*  
01409 221328

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# Halwill United Churches

2020 Winter and Spring Community  
activities



Held At: Halwill Baptist Church Hall  
Station Road, Halwill Junction  
EX21 5XB



## Soup and Sweet 12-2pm

First Tuesday every month, join friends for a home cooked soup and a selection of delicious sweets

January 7th

February 4th

March 3rd

April 7th

May 5th

June 2nd

## Good Companions

2.30 – 4.30pm

Afternoon with friends, play games, chat and have high tea together.

### Thursday 2.30-4.30pm.

January 16<sup>th</sup> and 30<sup>th</sup>

February 13<sup>th</sup> and 27<sup>th</sup>

March 12<sup>th</sup> and 26<sup>th</sup>

April 16<sup>th</sup> and 30<sup>th</sup>

May 14<sup>th</sup> and 28<sup>th</sup>

June 11<sup>th</sup> and 25<sup>th</sup>

## Forget-Me-Not Friends

Café' 3-5pm

**The Third Thursday each month**

Stimulating activities to promote the increase of memory. Ideal for those having problems with memory.

## Carer's Support Group 3-5pm

Run same time as Forget-Me-Not Friends Café' supporting Carer's in an adjacent room. For Carer's in need of respite, support and advice, regularly attended by Alzheimer's Society support worker.

January 23rd

February 20th

March 19th

April 23rd

May 21<sup>st</sup>

June 18th