

Soup and Sweet:  
*Brenda:*  
01409 221317

Good  
Companions:  
*Kirsty:*  
01409 221492

Forget-me-not  
Café and Carer's  
Support.  
Trips:  
*Barbara:*  
01409 221328

# Halwill United Churches

2019 Spring and Summer Community  
activities



Held At: Halwill Baptist Church Hall  
Station Road, Halwill Junction  
EX21 5XB



## Soup and Sweet 12-2pm

First Tuesday every month, join friends for a home cooked soup and a selection of delicious sweets.

March 5<sup>th</sup>

April 2<sup>nd</sup>

May 7<sup>th</sup>

June 4<sup>th</sup>

July 2<sup>nd</sup>

## Good Companions

2.30 – 4.30pm

Afternoon with friends, play games, chat and have high tea together.

Thursday 2.30-4.30pm.

March 14<sup>th</sup> and 28<sup>th</sup>

April 11<sup>th</sup> and 25<sup>th</sup>

May 16<sup>th</sup>

June 13<sup>th</sup> and 27<sup>th</sup>

July 11<sup>th</sup> and 25<sup>th</sup>

## Forget-me-not Café 3-5pm Third Thursday each month

Stimulating activities to promote the increase of memory. Ideal for those having problems with memory.

## Carer's Support Group 3-5pm

Run same time as Forget-me-not Café supporting Carer's in an adjacent room. For Carer's in need of respite, support and advice, regularly attended by Alzheimer's Society support worker.

March 21<sup>st</sup>

April 18<sup>th</sup>

May 23<sup>rd</sup>

June 20<sup>th</sup>

July 18<sup>th</sup>

TRIPS 2019 : more information to be announced

**May 30<sup>th</sup>**

**August 15<sup>th</sup>**