

Soup and
Sweet:
Brenda:
01409 221317

Good
Companions:
Kirsty:
01409 221492

Forget-me-not
Friends Café
Carers Support
and Trips:
Barbara:
01409 221328

Halwill United Churches

2018 / 2019 Autumn and Winter
Community activities



I

Held At: Halwill Baptist Church
Hall

Station Road, Halwill Junction
EX21 5XB



Soup and Sweet 12 -2pm

First Tuesday every month, join friends for a Home cooked soup and a selection of delicious sweets.

September 4th

October 2nd

November 6th

December 4th

January 8th

February 5th

March 5th

Good Companions 2.30 – 4.30pm

An afternoon with friends, play games, chat and have high tea together.

Thursday 2.30- 4.30pm.

September 13th and 27th

October 11th and 25th

November 22nd

December 13th Party

January 24th

February 14th and 28th

March 14th and 28th

Forget-me-not Friends Café 3-5pm

Third Thursday each month

Stimulating activities to promote the increase of memory. Ideal for those having problems with memory.

Carers' Support Group 3-5pm

Run same time as Forget-me-not Friends Café supporting Carers in an adjacent room. For Carers in need of respite, support and advice, regularly attended by Alzheimer's Society support worker.

September 20th

October 18th

November 15th

December 13th Party

January 17th

February 21st

March 21st

TRIPS 2018/ 19: more information to be announced

November 29th

January 31st